Mental Health Resources in the greater washington area

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Mental Health Resources in the

GREATER WASHINGTON AREA

National Institute of Mental Health
Public Inquiries
5600 Fishers Lane
Rockville, Maryland 20852

CONTENTS

Foreward. iii

Emergency Services, Greater Washington Metropolitan Area 1

Information and Referral, Greater Washington Metropolitan Area 6

District of Columbia Adults 8

District of Columbia Children. 14

Montgomery County Adults 18

Montgomery County Children. 22

Prince Georges County Adults 28

Prince Georges County Children 30

Virginia Adults 34

Virginia Children. 37

Aftercare, Greater Washington Metropolitan Area 42

Alcoholism, Greater Washington Metropolitan Area 46

Miscellaneous Services, Greater Washington Metropolitan Area 50

- Aging. 50
- Ambulance Services 53
- Autistic Children. 53
- Family Services 54
- Health Departments 56
- Legal Aid 56
- Medical Societies. 58

Poison Control. 58

Suicide Prevention 59

Training. 59

FOREWORD

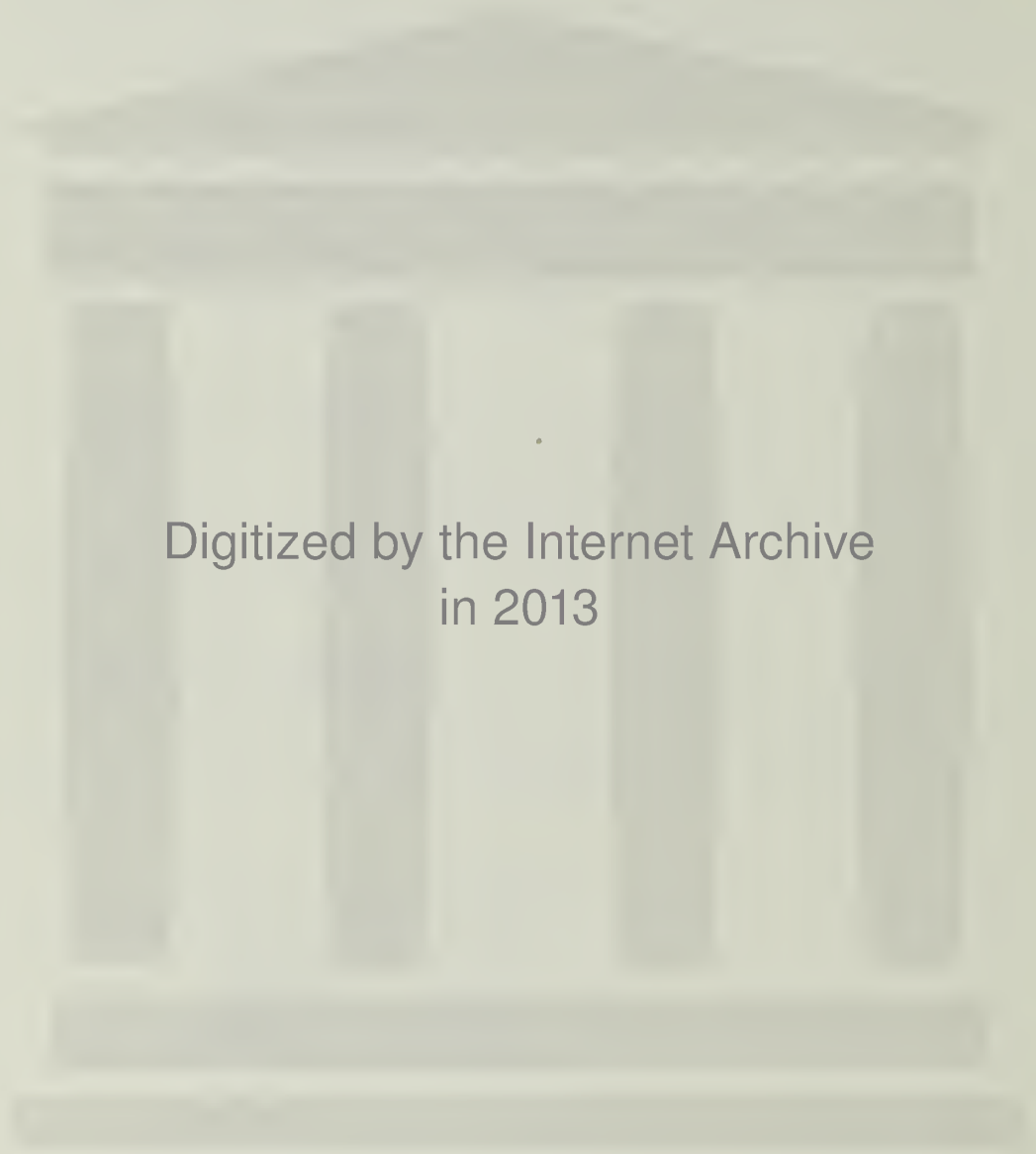
The 1975 edition of the directory of Mental Health Resources in the Greater Washington Area has been prepared by Public Inquiries Section, National Clearinghouse for Mental Health Information, Division of Scientific and Technical Information, National Institute of Mental Health. Originally designed for use within NIMH, the directory is now distributed to groups and individuals outside the agency who have indicated a need for such a listing.

The Washington area has been divided into four districts: District of Columbia, Montgomery and Prince Georges Counties, and Virginia. The State Mental Health Authority and Mental Health Associations are listed for each district. The resources of each district are then listed in the order of area served, from those without any restrictions or residence requirements to those limited to the immediate neighborhood.

Such an arrangement will help locate all of the resources available as quickly as possible. Thus a call for help for an emotionally disturbed child residing in Prince Georges County can be referred to the resources listed under Prince Georges County Children and also to the resources in the other districts that have no residence restriction or that accept children from the entire metropolitan area.

For ready reference, special sections list emergency, information and referral, aftercare, alcoholism, and miscellaneous services. Information on drug abuse help and facilities can be obtained from the National Institute of Drug Abuse, 11400 Rockville Pike, Rockville, Maryland 20852; telephone: 301, 443-6500.

Dorothy B. Waleski, Chief
Public Inquiries Section
National Clearinghouse for Mental
Health Information
Division of Scientific and
Technical Information
National Institute of Mental Health



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EMERGENCY SERVICES
GREATER WASHINGTON METROPOLITAN AREA

District of Columbia:

Mental Health Consultation Service and Suicide Prevention Area C Community Mental Health Center 1905 E Street, S.E. Washington 20003 202, 629-5222	24-hour service No residence restriction; no fee; information and referral.
Neurotics Anonymous International Liaison, Inc. Colorado Building, Room 426 1341 G Street, N.W. Washington 20005 202, 628-4379	9 a.m. - 5 p.m. No residence restriction; no fee; emergency services, telephone reassurance.
Lutheran Social Services of the National Capitol Area, Inc. 2635-16th Street, N.W. Washington 20009 202, 232-6373	9 a.m. - 5 p.m. No residence restriction; sliding scale; emergency services.
Psychiatric Institute of Washington 4460 MacArthur Boulevard Washington 20007 202, 467-4600	24-hour service No residence restriction; fees; private psychiatric hospital and treatment center.
American University Hot Line 202, 966-5911	12 noon - 4 a.m.
Birthright 2800 Otis Street, N.E. Washington 20018 202, 526-3333	9:30 a.m. - 4:30 p.m. Hot line counseling, information and referral.
RAPE Crisis Center Post Office Box 21005 Washington 20009 202, 333-RAPE	9 a.m. - 9 p.m., Mon.-Fri. 9 a.m. - 3 p.m., Sat.

Central Admissions Service, Dix Building Saint Elizabeths Hospital 2700 Martin Luther King, Jr. Avenue, S.E. Washington 20032 202, 574-7288,7292 or 7294	24-hour service Residents of D.C. and other Federal beneficiaries; no direct billing of patients; instead agencies are billed. Persons seeking admission are encouraged to present themselves Monday to Friday between 9 a.m. and 4 p.m.
Area D Community Mental Health Center Saint Elizabeths Hospital 2700 Martin Luther King, Jr., Avenue, S.E. Washington 20032 202, 562-6500	24-hour service Area D residents; sliding scale; emergency services.

Maryland:

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	24-hour service No residence restriction; sliding scale; emergency services.
Montgomery General Hospital 18101 Prince Philip Drive Olney 20832 301, 774-7800	24-hour service No residence restriction; sliding scale; emergency services.
Silver Spring-Takoma Park Community Mental Health Center Washington Adventist Hospital 7600 Carroll Avenue Takoma Park 20012 301, 891-7780	24-hour service No residence restriction; fees; emergency services.
Division of Adult Ambulatory Care University Hospital University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6660	24-hour service Maryland residents; sliding scale; walk-in facility.
Help Silver Spring 301, 585-HELP	24-hour service Greater Silver Spring area; primarily help in emergency situations for those unable to pay; provides transportation, food, information, and referral.

Hot Line for Youth 301, 949-6603	24-hour answering service Montgomery County residents; information and referral.
Protective Service for Neglected and Abused Children Montgomery County Department of Social Services 5630 Fishers Lane Rockville 20852 301, 279-1758	24-hour service Montgomery County residents; receipt and evaluation of any report of neglect and abuse of children.
Somebody Cares St. Luke Lutheran Church Silver Spring 301, 588-5440	8 - 11:30 p.m. Crisis intervention for teenagers.
Rockville Free Clinic 207 Fleet Street Rockville 20850 301, 424-8341	7 - 11 p.m., Mon., Tues. & Wed. Walk-in clinic.
Passage Crisis Center 8500 Colesville Road Silver Spring 20910 301, 589-8611	24-hour service No residence restriction; no fee; all ages; short term crisis intervention, counseling with referral for long term treatment; staffed by nurses, counselors, and volunteers.
Middle Earth Walk-in Clinic 10524 Detrick Avenue Kensington 20795 301, 949-1255	7 - 10 p.m., Mon. - Thurs. 7 - 11 p.m., Fri. & Sat. No residence restriction; no fee; sponsored by the Mental Health Association of Montgomery County; youth counseling, drop-in clinic, peer counseling.
Rockville Youth Services 207 Fleet Street Rockville 20850 301, 424-3928	9 a.m. - 11 p.m., Mon. - Weds. 9 a.m. - 5 p.m., Thurs. & Fri. Montgomery County residents; no fee; crisis intervention, free medical clinic, psychiatric clinic, professional family counseling.
Gaithersburg HELP 301, 762-1144	24-hour service Gaithersburg residents; crisis intervention.

University of Maryland Hot Line 301, 454-HELP	24-hour service
Prince Georges County Hot Line, Inc. 301, 864-7271	24-hour service Metropolitan area; information and referral, crisis intervention and listening services.
Hot Line for deaf 301, 864-4488	24-hour service Information and referral.
Bowie Hot Line Post Office Box 535 Bowie 20715 301, 262-AIDE	4 p.m. - 12 midnight No residence restriction; crisis intervention center manned by volunteers; listening and referral services.

Virginia:

The Woodburn Center for Community Mental Health 3340 Woodburn Road Annandale 22003 703, 573-0523, after hours, 573-5679	24-hour service Fairfax-Falls Church residents; sliding scale; all outpatient services including 24-hour emergency service, partial hospitalization, and aftercare services.
Nova Community Service Clinic, Inc. 6869 Elm Street McLean 22101 703, 356-6667	24-hour service No residence restriction; sliding scale; no age limit; short-term crisis intervention.
Northern Virginia Hot Line 703, 527-4077	24-hour service Telephone counseling service and referral.
Alexandria Hot Line 703, 548-3810	24-hour service Volunteers with professional training; counseling and referral.
FISH(For Immediate Sympathetic Help) 703, 522-8600	24-hour service Sponsored by Northern Virginia churches; offers many emergency services, including child care, transportation, housework for the sick.

Headway Community Counseling Center 703, OX 2-2100	24-hour service Military District of Washington; emergency consultation.

(See also community mental health centers listed for each area)

INFORMATION AND REFERRAL
GREATER WASHINGTON METROPOLITAN AREA

District of Columbia Association for Mental Health, Inc. 2101-16th Street, N.W. Washington 20009 202, 462-1122	9 a.m. - 5 p.m.
Day Care and Child Development Council of America, Inc. 1012-14th Street, N.W. Washington 20005 202, 638-2316	9 a.m. - 5 p.m. No residence restriction; non-profit child advocate organization; information and referral.
Woodrow Wilson International Center 1470 Irving Street, N.W. Washington 20010 202, 667-0417	8:45 a.m. - 5 p.m. No residence restriction; no fee; psychiatric referral for Spanish-speaking persons.
United Way of the National Capitol Area Information and Referral Service 95 M Street, S.W. Washington 20024 202, 488-2077	9 a.m. - 5 p.m. Metropolitan area; no fee.
D.C. Department of Human Resources Information Center 919-12th Street, N.W. Washington 20005 202, 629-3776	8:15 a.m. - 4:45 p.m. Metropolitan area; no fee.
Washington Psychoanalytic Society, Inc. 4925 MacArthur Boulevard, N.W. Washington 20007 202, 338-5453	9 a.m. - 5 p.m. Metropolitan area; no fee.
Information Center for Handicapped Children 1619 M Street, N.W. Washington 20036 202, 347-4986	9 a.m. - 5 p.m.
Mental Health Association for Montgomery County, Inc. 10920 Connecticut Avenue Kensington 20795 301, 949-1255	9 a.m. - 4 p.m. No residence restriction; information and referral, information on all mental health professionals in Montgomery County.

Schizophrenia Association of Greater Washington Wheaton Plaza Office Building North, Room 407 Wheaton 20902 301, 949-8282	10 a.m. - 4 p.m. No residence restriction; no fee; information about biological approaches and referrals.
Topic House 494 St. Barnabas Road Temple Hills 20001 301, 894-5169 or 9724	10 a.m. - 10 p.m., Mon.-Thurs. 10 a.m. - 5 p.m., Fri. No residence restriction; minimum fee; walk-in information and counseling service.
Prince Georges County Mental Health Association 6607 Riverdale Road Riverdale 20840 301, 577-3140	9 a.m. - 4 p.m. Prince Georges County residents.
The Council for Exceptional Children Information Center 1920 Association Drive Reston 22091 703, 620-3660	8 a.m. - 5 p.m. No residence restriction; an educational resources information center.
National Association for Mental Health, Inc. 1800 North Kent Street Arlington 22209 703, 528-6405	9 a.m. - 5 p.m. No residence restriction; information and referral, public education.
Northern Virginia Mental Health Association 3260 Wilson Boulevard, Suite 23 Arlington 22201 703, 524-3352	9 a.m. - 5 p.m. Arlington, Fairfax, Loudoun, and Prince William Counties; Cities of Fairfax and Falls Church; information and referral.
Alexandria Mental Health Association Doniphan Building, Suite 305 101 North Columbus Street Alexandria 22314 703, 548-0010	9 a.m. - 5 p.m. Alexandria residents; information and referral.
Information and Referral Bureau Arlington County Department of Human Resources 1800 North Edison Street Arlington 22207 703, 558-2105	8 a.m. - 5 p.m. Arlington residents.

DISTRICT OF COLUMBIA

State Mental Health Authority:
Dr. Jefferson R. McAltine, Administrator
Mental Health Administration
Department of Human Resources
1875 Connecticut Avenue, N.W., Room 824
Washington 20009
202, 629-3447

8:15 a.m. - 4:45 p.m.

District of Columbia Association for Mental Health
2101-16th Street, N.W.
Washington 20009
202, 462-1122

9 a.m. - 5 p.m.
District of Columbia residents; information and referral, mental health education, speakers bureau.

ADULTS

Department of Psychiatry and Behavioral Sciences
George Washington University Medical Center
2150 Pennsylvania Avenue, N.W.
Washington 20037
202, 331-6741

9 a.m. - 5 p.m.
No residence restriction; sliding scale; diagnostic evaluation and treatment (individual, group, and family therapy); 33-bed inpatient facility; fees; 901-23rd Street, N.W.
202, 331-6355.

Greater Southeast Community Hospital
1310 Southern Avenue, S.E.
Washington 20032
202, 574-6716

No residence restriction; fees; 20-bed psychiatric unit for acute care with maximum stay of 21 days; day care program through private psychiatrist.

Woodrow Wilson International Center
1470 Irving Street, N.W.
Washington 20010
202, 667-0417

8:45 a.m. - 5 p.m.
No residence restriction; no fee; psychiatric referral for Spanish-speaking persons.

Andromeda
1756 Columbia Road, N.W.
Washington 20009
202, 667-6766

9 a.m. - 7 p.m.
No residence restriction; no fee; mental health services for Spanish-speaking population and other minorities; also drug and alcoholism counseling.

Psychiatric Institute of Washington 4460 MacArthur Boulevard, N.W. Washington 20007 202, 467-4600	24-hour service No residence restriction; fees; private psychiatric hospital and treatment center; diagnostic evaluation; individual, group, and family therapy.
Pastoral Counseling and Consultation Center of Greater Washington Executive Office, Suite 408 3000 Connecticut Avenue, N.W. Washington 20008 202, 234-8081	9 a.m. - 5 p.m. No residence restriction; sliding scale; depth counseling, individual, and group consultation; referral where indicated.
Outpatient Psychiatric Clinic Howard University Hospital 6th and Bryant Streets, N.W. Washington 20060 202, 483-1500	7:30 a.m. - 4 p.m. No residence restriction; sliding scale; diagnostic evaluation; group and individual therapy.
Lutheran Social Services of the National Capitol Area, Inc. 2635-16th Street, N.W. Washington 20009 202, 232-6373	9 a.m. - 5 p.m. No residence restriction; sliding scale; adoptions, single parent services, emergency services, individual and group counseling, family life education, and human resource services, pastoral care services, and geriatric day care center.
D.C. Institute of Mental Hygiene 3000 Connecticut Avenue, N.W., Suite 436 Washington 20008 202, 232-5454	9 a.m. - 5 p.m., Mon. & Fri. 9 p.m., Tues., Wed., Thurs. No residence restriction; sliding scale; individual and group psychotherapy and evaluation, medication clinic.
New School of Psychotherapy Clinical Center 4607 Connecticut Avenue, N.W., Suite 214 Washington 20008 202, 966-8100	Hours by appointment No residence restriction; fees; group therapy, smoking therapy, individual psychotherapy, clinical hypnotherapy.
Neurotic Anonymous International Liaison, Inc. Colorado Building, Room 426 1341 G Street, N.W. Washington 20005 202, 628-4379	9 a.m. - 5 p.m. answering service No residence restriction; no fee; self-help for the emotionally ill, telephone reassurance.

Community of the Whole Person 1904 T Street, N.W. Washington 20009 202, 667-6710	9 a.m. - 6 p.m. No residence restriction; sliding scale; individual and group therapy, meditation, Yoga, Aikidos, and massage.
Washington Pastoral Counseling Service 1500-16th Street, N.W. Washington 20036 202, 332-2131	10 a.m. - 5 p.m., evening by appointment No residence restriction; sliding scale; individual, group, and family counseling, marriage counseling.
Metropolitan Mental Health Skills Center Washington School of Psychiatry 1610 New Hampshire Avenue, N.W. Washington 20009 202, 387-3339	9 a.m. - 6 p.m. No residence restriction; fees with scholarships available; seminars, workshops and training programs for mental health workers (preference given to volunteers and staff without professional training.
The Washington Free Clinic 1556 Wisconsin Avenue, N.W. Washington 20007 202, 965-5476	6:30 - 10:30 p.m. Weds., women only No residence restriction; no fee medical and psychiatric services, birth control.
Psychiatric Center 3000 Connecticut Avenue, N.W. Washington 20008 202, 462-4300	Mon. through Sat. by appointment No residence restriction; sliding scale; evaluation and treatment of children, adolescents, and adults; psychological testing, therapy groups for adolescents and adults, individual therapy, play therapy, parent counseling, day treatment program, and hospitalization.
Washington Psychoanalytic Society, Inc. 4925 MacArthur Boulevard, N.W. Washington 20007 202, 338-5453	9 a.m. - 5 p.m. Metropolitan area; low cost fee; information and referral with mental health specialist for consultation.
United Way of the National Capitol Area Information and Referral Service 95 M Street, S.W. Washington 20024 202, 488-2077	9 a.m. - 5 p.m. Metropolitan area; no fee.

D.C. Department of Human Resources Information Center 919-12th Street, N.W. Washington 20005 202, 629-3776	8:15 a.m. - 4:45 p.m. Metropolitan area; no fee.
Forensic Psychiatry Office 801 North Capitol Street, N.E., Room 404 Washington 20002 202, 629-4373	8:15 a.m. - 4:45 p.m. Metropolitan area; accepts only referrals from courts and correctional agencies; diagnostic and rehabilitation services.
Adult Outpatient Psychiatric Services Georgetown University Hospital 3800 Reservoir Road, N.W. Washington 20057 202, 625-7351	9 a.m. - 4:30 p.m. Area A and Metropolitan suburbs; sliding scale; over 18; walk-in clinic, individual, group, and family therapy, crisis intervention, drug follow-up clinic.
Central Admissions Service, Dix Building Saint Elizabeths Hospital 2700 Martin Luther King, Jr., Avenue, S.E. Washington 20032 202, 574-7288, 7292, or 7294	24-hour service Available to residents of the District of Columbia; agencies instead of patient are billed; units of the hospital provide family therapy, group psychotherapy, individual therapy, therapeutic community, small group activities, day treatment, industrial therapy.
D.C. Mental Health Administration Community Mental Health Centers	8:15 a.m. - 4:45 p.m. D.C. residents; sliding scale; all outpatient and some inpatient services. Call 629-3447 to learn where eligible. Applies to centers listed below:
Area A 3246 P Street, N.W. Washington 20007 202, 333-2653	
Area B 1125 Spring Road, N.W. Washington 20010 202, 629-4027	
Area B Adult and Day Treatment Center and Change, Inc. 3308-14th Street, N.W. Washington 20010 202, 629-4809	

Northwest I Clinic
128 M Street, N.W.
Washington 20001
202, 347-9535

Area C
1905 E Street, S.E.
Washington 20002
202, 626-5303

Congress Heights Health Center
6th and Xenia Streets, S.E.
Washington 20032
202, 563-1100

Anacostia Neighborhood Health Center
1328 W Street, S.E.
Washington 20020
202, 889-1070

Area D Community Mental Health Center
Saint Elizabeths Hospital
2700 Martin Luther King, Jr., Avenue, S.E.
Washington 20032
202, 574-7595

Catholic Charities, Archdiocese of Washington
2800 Otis Street, N.E.
Washington 20018
202, 526-4100

9 a.m. - 4:45 p.m.
D.C. residents and the Maryland counties of Montgomery, Prince Georges, Charles, Calvert, and St. Mary's; sliding scale; complete social service program.

Superior Court of the District of Columbia
Social Services Division
Intrafamily and Neglect Branch
613 G Street, N.W.
Wasnington 20001
202, 727-1932

8:30 a.m. - 5 p.m.
D.C. residents on complaints of family neglect and abuse; no fee; all social services including marriage and family counseling.

Birthright
2800 Otis Street, N.E.
Washington 20018
202, 526-3333

9:30 a.m. - 4:30 p.m.
Hot line counseling, information and referral.

Rape Crisis Center
Post Office Box 21005
Washington 20009
202, 333-RAPE

9 a.m. - 9 p.m.
9 a.m. - 3 p.m., Sat.

headway Community Counseling Center Military District of Washington Building 59, North Post Fort Meyer, Virginia 22211 OX 2-2254 or 2285	7:30 a.m. - 5 p.m. Military District of Washington, DOD active, retired, and dependents, and civilian employees; no fee; counseling services.

Information Center for Handicapped Children 1619 M Street, N.W. Washington 20036 202, 347-4986	9 a.m. - 5 p.m. No residence restriction; no fee; non-profit agency; information, referral, and follow-up service for handicapped children and young adults.
Hillcrest Children's Center Children's Hospital 1325 W Street, N.W. Washington 20009 202, 265-2400	8:30 a.m. - 4:30 p.m., 8 p.m. Tues. No residence restriction; sliding scale; school and residence for mentally and emotionally disturbed children, ages preschool to 12.
Groome Center Hayes Hall Sibley Memorial Hospital 5255 Loughboro Road, N.W. Washington 20016 202, 362-7644 Groome School 3401 Nebraska Avenue, N.W. Washington 20016 202, 362-7644	9 a.m. - 5 p.m. No residence restriction; sliding scale; crisis intervention individual child, adult, and family evaluation, counseling, and therapy. Training for professionals. No residence restriction; fees; children between ages 8-13 considered. Special education and treatment center for children who have emotional problems, learning disabilities, or neurological impairment;behavior modification techniques for parents and family therapy sessions; academic instruction is individually prescribed to meet child's specific needs.
The Hospital for Sick Children 1731 Bunker Hill Road, N.E. Washington 20017 202, 832-4400	No residence restriction; fees; residential diagnostic evaluation and treatment center for children from infancy to 19 years.
Agnes Bruce Greig School 3100 Military Road, N.W. Washington 20015 202, 686-0292	No residence restriction; sliding scale; day school for children, ages 5-15, with above average intelligence experiencing learning difficulties; parent counseling; Greig II: special division for gifted children without problems.

The Kingsbury Center 2138 Bancroft Place, N.W. Washington 20008 202, 232-5877	9 a.m. - 5 p.m. No residence restriction; fees; diagnosis and evaluation, special education for average and above-average children who exhibit a specific learning disability or a learning problem.
Children and Family Institute The Pastoral Counseling and Consultation Centers of Greater Washington Executive Office, Suite 408 3000 Connecticut Avenue, N.W. Washington 20008 202, 234-8081	9 a.m. - 5 p.m. No residence restriction; sliding scale; diagnostic evaluation, marriage counseling, individual and group therapy.
Psychiatric Center 3000 Conecticut Avenue, N.W. Washington 20008 202, 462-4300	Mon. through Sat. by appointment. No residence restriction; sliding scale; all ages; therapy groups for adolescents and adults, individual therapy, play therapy, evaluation, psychological testing.
Day Care and Child Development Council of America, Inc. 1012-14th Street, N.W. Washington 20005 202, 638-2316	9 a.m. - 5 p.m. No residence restriction; non-profit child advocate organization; information and referral, day care counseling.
The Washington Free Clinic 1556 Wisconsin Avenue, N.W. Washington 20007 202, 965-5476	6:30 - 10:30 p.m. No residence restriction; no fee; medical and psychiatric services; birth control.
Episcopal Center for Children 5901 Utah Avenue, N.W. Washington 20015 202, 363-1333	Metropolitan area and St. Mary's and Charles Counties, Maryland; sliding scale; boys, ages 5 - 10 residential care; therapeutic living experience, individual, group, and family therapy; day care program, boys, ages 5 - 10 5-day, 11-month.
Children's Psychiatric Services Georgetown University Medical Center 3800 Reservoir Road, N.W. Washington 20057 202, 625-7351	9 a.m - 5 p.m. Area A and Metropolitan area; sliding scale; children up to 18 years; diagnostic evaluation and treatment.

Central Admissions Service, Dix Building Saint Elizabeths Hospital 2700 Martin Luther King, Jr., Avenue, S.E. Washington 20032 202, 574-7288, 7292, or 7294	24-hour service Available to residents of the District of Columbia; agencies instead of patients are billed. Units of the Hospital provide family therapy, group psychotherapy, individual therapy, therapeutic community, small group activities, day treatment, outpatient clinics, industrial therapy, etc.
D.C. Mental Health Administration Community Mental Health Centers	8:15 a.m. - 4:45 p.m. D.C. residents; sliding scale; all outpatient services; call 629-3447 to learn where available. Applies to centers listed below:
Area A 3246 P Street, N.W. Washington 20007 202, 333-2653	
Area B 1125 Spring Road, N.W. Washington 20011 202, 629-4027	
Northwest 1 Clinic 128 M Street, N.W. Washington 20001 202, 347-9535	
Area C 1905 E Street, S.E. Washington 20003 202, 626-5363	
Congress Heights Health Center 8th and Xenia Street, S.E. Washington 20032 202, 563-1100	
Anacostia Neighborhood Health Center 1328 W Street, S.E. Washington 20002 202, 889-1070	

Area D Community Mental Health Center
Saint Elizabeths Hospital
2700 Martin Luther King, Jr., Avenue, S.E.
Washington 20032
202, 574-7595

Catholic Charities, Archdiocese of Washington
2800 Otis Street, N.E.
Washington 20018
202, 526-4100

9 a.m. - 4:45 p.m.
D.C. residents and those of Montgomery, Prince Georges, Charles, Calvert, and St. Mary's Counties, Maryland; sliding scale; complete social service program.

American University Hot Line
202, 966-5911

12 noon - 4 a.m.

Birthright
2800 Otis Street, N.E.
Washington 20018
202, 526-3333

9:30 a.m. - 4:30 p.m.
Hot line counseling, information, and referral.

SAJA (Special Approaches in Juvenile Assistance) Projects:

Runaway House
1743-18th Street, N.W.
Washington 20009
202, 462-1515

Other House
1625 S Street, N.W.
Washington 20009
202, 462-3447

Group Foster Homes
Second House
1926 Biltmore Steeet, N.W.
Washington 20009
202, 483-0622

Third House
1751 Church Street, N.W.
Washington 20037
202, 265-7902

provides temporary shelter and counseling for males and females, ages 11-17; maximum capacity, 12-15.

Temporary group shelter home(one to six months); room, board, individual and group counseling, and tutoring provided young people between ages 13-17. Provides long term care for young people between ages of 13 and 17. Each has a capacity for three boys and three girls; individual and group living experiences provided in an alternative setting; school, recreation, group and individual therapy are available.

MONTGOMERY COUNTY, MARYLAND

State Mental Health Authority:
Dr. Bertram W. Pepper, Commissioner of Mental Hygiene
State Department of Mental Hygiene
201 West Preston Street
Baltimore 21201
301, 383-2714 or 2686

Maryland Association for Mental Health
325 East 25th Street
Baltimore 21218
301, 235-1178

Mental Health Association of Montgomery County, Inc. 10920 Connecticut Avenue Kensington 20795 301, 949-1255	9 a.m. - 4:30 p.m. No residence restriction; information and referral service community education, speakers bureau.

ADULTS

Psychiatric Outpatient Department Sheppard and Enoch Pratt Hospital 6501 North Charles Street Towson 21204 301, 823-8200	8:30 a.m. - 5 p.m. No residence restriction; fees with grant-in-aid assistance; individual and group therapy.
Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	24-hour service No residence restriction; sliding scale; inpatient, outpatient, and emergency services.
National Institute of Mental Health National Institutes of Health Clinical Center 9000 Rockville Pike Bethesda 20014 301, 496-4891	No residence restriction; only by referral of physician; no fee; inpatient residential treatment for research purposes with special emphasis on manic depression and schizophrenia.
Silver Spring Day Treatment Center 8808 Cameron Street Silver Spring 20910 301, 565-0501	8 a.m. - 8:30 p.m. No residence restriction; fees with financial arrangement if necessary; private hospitalization and all outpatient services; intensive ambulatory alcoholism program in evenings.

Silver Spring-Takoma Park Community Mental Health Center Washington Adventist Hospital 7600 Carroll Avenue Takoma Park 20012 301, 891-7780	24-hour service No residence restriction; fees; must be under constant care of psychiatrist; general hospital with inpatient services, day care program, partial hospitalization, and outpatient services.
Chestnut Lodge, Inc. 500 West Montgomery Avenue Rockville 20850 301, 424-8300	No residence restriction; fees; residential, ages 6 and over, referred by physicians, hospitals, or direct personal inquiry; private psychiatric diagnosis and treatment.
Montgomery General Hospital 18101 Prince Philip Drive Olney 20832 301, 774-7800	24-hour service No residence restriction; fees; intensive and short term care; psychiatrists and other physicians on medical staff may admit patients with primary psychiatric disorders; emergency services and day treatment.
Consultation and Guidance Center 1105 D Spring Street, Suite 203 Silver Spring 20910 301, 585-7777	9 a.m. - 10 p.m. No residence restriction; fees vary according to service; private clinic with community comprehensive approach to mental and emotional problems; individual and group therapy, family therapy and marriage counseling, psychological evaluation.
White Oak Psychological Center Eldorado Towers 11235 Oak Leaf Drive Silver Spring 20901 301, 593-3100	8 a.m. - 9 p.m. No residence restriction; sliding scale; diagnostic evaluation, individual, group, and family therapy, sensitivity training and supervisory programs for professionals.
Schizophrenia Association of Greater Washington Wheaton Plaza Office Building North Room 407 Wheaton 20902 301, 949-8282	10 a.m. - 4 p.m. No residence restriction; no fee; information about biological approaches and referrals.

Psychiatric Institute of Washington Montgomery County Division 10605 Concord Street, Suite 203 Kensington 20795 301, 467-4550	8:30 a.m. - 6 p.m. No residence restriction; fees; all ages; diagnostic evaluation, outpatient services; day care center and developmental school, ages 13-18.
Community Psychiatric Clinic, Inc. 4803 Hampden Lane Bethesda 20014 301, 656-5220	9 a.m. - 5 p.m. No residence restriction; fees; no age limit; private clinic offering all outpatient services.
Metropolitan Counseling Services 8313 Beech Tree Road Bethesda 20034 301, 469-9649	Hours by appointment. No residence restriction; sliding scale; individual, family, and marriage counseling; diagnostic evaluation, child rearing and couples discussion groups.
Potomac Foundation for Mental Health 5413 Cedar Lane Bethesda 20014 301, 530-5600	24-hour service No residence restriction; fees; private day treatment center; no residential facilities.
Jewish Social Service 6123 Montrose Road Rockville 20852 301, 881-3700	9 a.m. - 5 p.m., 9 p.m., Thurs. No residence restiction; sliding scale; no age limit; multi-function family agency.
Passage Crisis Center Montgomery County Department of Health Youth and Young Adult Services Division 8500 Colesville Road Silver Spring 20910 301, 589-8611	24-hour service No residence restriction; no fees; all ages; short term crisis intervention, counseling with referral for long term treatment; staffed by nurses, counselors, and volunteers.
Center for Humanistic Psychotherapy 4933 Auburn Avenue Bethesda 20014 301, 652-7370	9 a.m. - 3 p.m. No residence restriction; fees; individual and group therapy.

Quest Center for Humanistic Psychotherapy
4933 Auburn Avenue
Bethesda 20014
301, 652-0697

9 a.m. - 3 p.m.
No residence restriction; fees; weekend workshops and group experiences for human growth.

Division of Adult Ambulatory Care
University Hospital, University of Maryland
645 West Redwood Street
Baltimore 21201
301, 528-6660

24-hour service
Maryland residents; sliding scale; walk-in facility, open clinic, brief therapy clinic offering individual, group, and family therapy.

Springfield Hospital Center
Sykesville 21784
301, 795-2100

Montgomery County residents; sliding scale; tax-supported State mental hospital.

Montgomery County Health Department
Division of Mental Health Services
301, 279-1623

8:30 a.m. - 5 p.m.
Montgomery County residents; sliding scale; all outpatient services.
See Below:

Community Mental Health Field Services

Bethesda Health Center
4848 Cordell Avenue
Bethesda 20014
301, 654-7465

Gaithersburg Health Center
542 North Frederick Avenue
Gaithersburg 20760
301, 926-6000

Northeast Health Center
3460 Olney-Laytonsville Road
Olney 20832
301, 774-0880

Poolesville Health Center
Poolesville 20837
301, 349-2801

Rockinghorse Health Center
4905 Macon Road
Rockville 20853
301, 770-7756

Rockville Health Center
2208 Rockland Avenue
Rockville 20851
301, 279-1623

Silver Spring Health Center
8728 Colesville Road
Silver Spring 20910
301, 589-3000

Takoma-East Silver Spring Community Service Center
8513 Piney Branch Road
Silver Spring 20901
301, 587-7252

8:30 a.m. - 5 p.m., 9 p.m., Mon. & Weds. Montgomery County residents; no fees; social services, health services.

Bache Memorial Free Clinic
St John's Episcopal Church
6701 Wisconsin Avenue
Chevy Chase 20015
301, 656-3222

7 - 10 p.m., Sun., Tues., & Thurs. Psychiatric counseling, medical diagnosis and treatment, drug problems.

Help Silver Spring
301, 585-HELP

24-hour service
Greater Silver Spring area; primarily help in emergency situations for those unable to pay; provides transportation, food, information, and referral.

University of Maryland Hot Line
301, 454-HELP

24-hour service

Rockville Free Clinic
207 Fleet Street
Rockville 20850
301, 424-8341

6:15 - 11 p.m., Mon., Tues., & Weds. Individual and family counseling.

CHILDREN

The Sheppard-Pratt Guidance Clinic and Forbush Children's Center
6501 North Charles Street
Towson 21204
301, 823-8200

8:30 a.m. - 5 p.m.
No residence restriction; fees; day school for emotionally disturbed children, ages 5 - 10. Outpatient clinic, sliding scale, ages 2 1/2 - 15 1/2.

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	9 a.m. - 5 p.m. No residence restriction; sliding scale; all out-patient services.
Division of Child and Adolescent Psychiatry Institute of Psychiatry and Human Behavior University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6391	8:30 a.m. - 4:30 p.m. No residence restriction; sliding scale; ages up through 16; outpatient services, evaluation, and long term treatment.
Woodbourne Center, Inc. 1301 Woodbourne Avenue Baltimore 21239 301, 433-1000	Residents within commuting distance; fees; boys and girls, ages 12-15; a co-educational treatment center for emotionally disturbed children, providing residential care; special education; individual, group, and milieu therapy; family counseling and aftercare service, foster care program, medical services.
Consultation Guidance Center, Inc. 1105 D Spring Street, Suite 203 Silver Spring 20910 301, 585-7777	9 a.m. - 10 p.m. No residence restriction; fees vary according to services; private clinic, community comprehensive approach to mental and emotional problems; individual and group therapy for adolescents, play therapy for younger children, family therapy.
White Oak Psychological Center Eldorado Towers 11235 Oak Leaf Drive Silver Spring 20901 301, 593-3100	8 a.m. - 9 p.m. No residence restriction; sliding scale; diagnostic evaluation, individual, group, and family therapy.
Psychiatric Institute of Washington Montgomery County Division 10608 Concord Street, Suite 203 Kensington 20795 301, 467-4550	8:30 a.m. - 6 p.m. No residence restriction; fees; all ages; diagnostic evaluation, out-patient services; day care center and developmental school, ages 13-18.

Community Psychiatric Clinic, Inc. 4803 Hampden Lane Bethesda 20014 301, 656-5220	9 a.m. - 5 p.m. No residence restriction; sliding scale; no age limit; private clinic offering all outpatient services.
Jewish Social Service 6123 Montrose Road Rockville 20852 301, 881-3700	9 a.m. - 9 p.m. No residence restriction; sliding scale; no age limit; multi-function family agency.
Potomac Foundation for Mental Health 5413 West Cedar Lane Bethesda 20014 301, 530-6333	8:30 a.m. - 4:30 p.m. No residence restriction; fees; day treatment center, diagnostic and outpatient treatment for children and adolescents.
Christ Church Child Center 8011 Old Georgetown Road Bethesda 20014 301, 652-3922	9:15 a.m. - 2:15 p.m. No residence restriction; fees with State and county aid and scholarships available; children ages 3-10 with learning problems due to neurological impairments or emotional problems; diagnostic educational setting for children with special learning problems.
Association of Childhood Learning Disabilities Montgomery County Chapter 301, 530-5468	
Christ Child Institute for Children Edson Lane Rockville 20852 301, 770-6600	9 a.m. - 5 p.m. Metropolitan Washington and other areas within traveling distance; sliding scale; residential and day care, boys, ages 4 1/2 - 8 1/2, girls, 5 - 10 1/2; individual, group, and family therapy.
Regional Institute for Children Maryland State Department of Mental Hygiene 605 South Chapel Gate Lane Baltimore 21229 301, 455-7691	Maryland residents; sliding scale; residential facility and day care, psychiatric inpatient treatment for emotionally disturbed children, ages 5 - 12.

School for Contemporary Education
3604 Chatham Road
Ellicott City 21043
301, 465-7189

Maryland residents; fees; day care for children of school age, emotionally handicapped, brain damaged, specific learning defects, controlled epilepsy; diagnosis, treatment, and education.

Linwood Children's Center
Church Road
Ellicott City 21043
301, 465-1352

10 a.m. - 5 p.m.
Residents within commuting distance; fees can be adjusted; ages 2-6 at time of admission; seriously emotionally disturbed children, including autistic; residential and day care; individual, group, and family education.

Passage Crisis Center
Montgomery County Health Department
8500 Colesville Road
Silver Spring 20910
301, 589-8611

24-hour service
No residence restriction; no fees; all ages; short term crisis intervention, counseling with referral for long term treatment; staffed by nurses, counselors, and volunteers.

Youth Services, Montgomery County
Division of Mental Health
Montgomery County Health Department
301, 279-1623

8:30 a.m. - 5 p.m.
Montgomery County residents; sliding scale; infancy to 18 years; diagnosis consultation, individual, group, and family therapy, remedial education.
See Below

Bethesda Health Center
4848 Cordell Avenue
Bethesda 20014
301, 654-7465

Gaithersburg Health Center
542 North Frederick Avenue
Gaithersburg 20760
301, 926-6000

Northeast Health Center
3460 Olney-Laytonsville Road
Olney 20832
301, 774-0880

Poolesville Health Center
Poolesville 20837
301, 349-2801

Rockinghorse Health Center 4905 Macon Road Rockville 20853 301, 770-7756	
Rockville Health Center 2208 Rockland Avenue Rockville 20851 301, 279-1623	
Silver Spring Health Center 8728 Colesville Road Silver Spring 20910 301, 589-3000	
Boys' and Girls' Homes for Montgomery County 7817 Norfolk Avenue Bethesda 20014 301, 652-0426	9 a.m. - 5 p.m. Montgomery County residents; four resident group homes for delinquent youth, girls and boys referred by Department of Juvenile Services or Department of Social Services; cost of care contracted with County or State governments; also, a sheltered care home for short term emergency care.
Protective Service for Neglected and Abused Children Montgomery County Department of Social Services 5630 Fishers Lane Rockville 20852 301, 279-1758	24-hour service Montgomery County residents; receipt and evaluation of any report of neglect and abuse of children; if neglect exists, help is given parents; home and office visits, referral for treatment.
Rockville Free Clinic Youth Services 207 Fleet Street Rockville 20850 301, 424-8341 Crisis Center 301, 424-5233 Free Clinic 301, 424-8341 or 3928	9 a.m. - 11 p.m., Mon. - Weds., 9 a.m. - 5 p.m., Thurs. & Fri. Montgomery County residents; no fee; crisis intervention, free medical clinic, psychiatric clinic, crisis center, professional family counseling.
Hot Line for Youth 301, 949-6603	24-hour telephone answering service for Montgomery County residents seeking counseling; information and referral; service funded by grant from Montgomery County Department of Human Resources.

Somebody Cares St. Luke Lutheran Church Silver Spring 301, 588-5440	8 - 11:30 p.m. Crisis intervention for teenagers.
University of Maryland Hot Line 301, 454-HELP	24-hour service
Middle Earth Walk-in Clinic 10524 Detrick Avenue Kensington 20795 301, 949-1255	7 - 10 p.m., Mon. - Thurs. 7 - 11 p.m., Fri. & Sat. No residence restriction; no fee; sponsored by Mental Health Association of Montgomery County; youth counseling, drop-in clinic, peer counseling, recreational activities.
Gaithersburg HELP 301, 762-1144	24-hour service Crisis intervention for Gaithersburg residents.

PRINCE GEORGES COUNTY

State Mental Health Authority:
Dr. Bertram W. Pepper, Commissioner of Mental Hygiene
State Department of Mental Hygiene
301 West Preston Street
Baltimore 21201
301, 383-2714

Maryland Association for Mental Health
325 East 25th Street
Baltimore 21218
301, 235-1178

Prince Georges County Mental Health Association 6607 Riverdale Road Riverdale 20840 301, 577-3140	9 a.m. - 4 p.m. Information and referral, speakers bureau, volunteer education, advocacy research, service, and social action programs.

ADULTS

Psychiatric Outpatient Department Sheppard and Enock Pratt Hospital 6501 North Charles Street Towson 21205 301, 823-8200	8:30 a.m. - 5 p.m. No residence restriction; fees by appointment only.
Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	24-hour service No residence restriction; sliding scale; inpatient, outpatient, and emergency services.
Behavior Service Consultants, Inc. Post Office Box 186 Greenbelt 20770 301, 474-2147	By appointment only No residence restriction; fees; private and group treatment, behavior management approach. Greenbelt residents; free counseling service for children and parents.

Silver Hill Mental Health Services
5408 Silver Hill Road, Suite 201
Suitland 20028
301, 420-3007

9 a.m. - 9 p.m., Mon. - Thurs.
9 a.m. - 5 p.m., Fri.
9 a.m. - 1 p.m., Sat.
No residence restriction; fees; comprehensive mental health services for families, children, and adolescents.

Glass Mental Health Center
East Office Building, Suite 211
Landover Mall
Landover 20784
301, 322-4400

7 a.m. - 10 p.m., Mon. - Sat.
No residence restriction; sliding scale; children, adolescents, and adults; psychological testing and psychiatric evaluation, individual, family, and group therapy, all outpatient services.

Division of Adult Ambulatory Care
Institute of Psychiatry and Human Behavior
University Hospital, University of Maryland
645 Redwood Street
Baltimore 21201
301, 528-6660

24-hour service
Maryland residents; sliding scale; walk-in facility, open clinic, brief therapy clinic offering individual, group, and family therapy.

Spring Grove Hospital Center
Wade Avenue and Frederick Road
Catonsville 21228
301, 455-6000

Prince Georges County residents; tax-supported State mental hospital; residential; outpatient clinic for former and prospective patients.

Prince Georges County Community Mental Health Centers
Prince Georges Health Department
Hospital Road
Cheverly 20785
301, 773-1400, x 324

8:30 a.m. - 4:30 p.m., Mon., Weds. & Fri., 8:30 a.m. - 9:30 p.m., Tues. & Thurs.
Prince Georges County residents; sliding scale; all outpatient services of a community mental health center.
See Below:

Adult Psychiatric Day Center
3900-48th Street
Bladensburg 20710
301, 864-5420

Laurel Community Mental Health Center
217 Main Street
Laurel 20810
301, 498-7500

Southern Health District
5620 St. Barnabas Road
Oxon Hill 20021
301, 894-5900

Community Mental Health Center # 2
Model Neighborhoods
9171 Central Avenue
Capital Heights 20027
301, 350-3100

Family Psychiatric Clinic
Family Service of Prince Georges County
4410 Stamp Road
Marlow Heights 20031
301, 423-1600

9 a.m. - 9 p.m. by appointment
Prince Georges County residents; sliding scale; individual, group, and family therapy, marriage counseling.

Prince Georges County Hot Line, Inc.
301, 864-7271

24-hour service
Information and referral, crisis intervention and listening services.

Hot Line for the Deaf
301, 864-4488

24-hour service
Information and referral.

CHILDREN

The Sheppard-Pratt Guidance Clinic and Forbush Children's Center
6501 North Charles Street
Towson 21204
301, 823-8200

8:30 a.m. - 5 p.m.
No residence restriction; fees; day school for emotionally disturbed children, ages 5-10. Outpatient clinic, sliding scale, ages 2 1/2 - 15 1/2.

Henry Phipps Psychiatric Institute
Johns Hopkins Hospital
601 North Broadway
Baltimore 21205
301, 955-5790

9 a.m. - 5 p.m.
No residence restriction; sliding scale; all outpatient services.

Woodbourne Center, Inc.
1301 Woodbourne Avenue
Baltimore 21239
301, 433-1000

Residents within commuting distance; fees; boys and girls, ages 9-14; a coeducational treatment center for emotionally disturbed children, providing residential care; special education; individual, group, and milieu therapy; family counseling and aftercare services; foster care program, medical services.

Edgemeade Youth Rehabilitation Center Box 430 Upper Marlboro 20870 301, 888-1330	8:30 a.m. - 5:30 p.m. No residence restriction; fees; boys and girls, ages 8-17; residential; individual and group education.
Topic House 4911 St. Barnabas Road Temple Hills 20031 301, 894-5169 or 9724	10 a.m. - 10 p.m., Mon. - Thurs. 10 a.m. - 5 p.m., Fri. No residence restriction; minimal fee; walk-in information and counseling service.
Silver Hill Mental Health Services 5408 Silver Hill Road, Suite 201 Suitland 20028 301, 420-3007	9 a.m. - 9 p.m., Mon. - Thurs. 9 a.m. - 5 p.m., Fri. 9 a.m. - 1 p.m., Sat. No residence restriction; fees; comprehensive mental health services for families, children, and adolescents.
Division of Child and Adolescent Psychiatry Institute of Psychiatry and Human Behavior University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6391	8:30 a.m. - 4:30 p.m. No residence restriction; sliding scale; outpatient services, ages up through 16; evaluation and long term treatment.
Glass Mental Health Center East Office Building, Suite 211 Landover Mall Landover 20784 301, 322-4400	7 a.m. - 10 p.m., Mon. - Sat. No residence restriction; sliding scale; children, adolescents and adults; psychological testing psychiatric evaluation, individual, family, and group therapy, all outpatient services.
Regional Institute for Children Maryland State Department of Mental Hygiene 605 South Chapel Gate Lane Baltimore 21229 301, 455-7691	Maryland residents; sliding scale; residential facility and day care, psychiatric inpatient treatment for emotionally disturbed children, ages 5-12.
School for Contemporary Education 3604 Chatham Road Ellicott City 21043 301, 465-7189	Maryland residents; fees; day care for children of school age, emotionally handicapped, brain damaged, specific learning defects, controlled epilepsy; diagnosis, treatment and education.

Linwood Children's Center Church Road Ellicott City 21043 301, 465-1352	10 a.m. - 5 p.m. Residents within commuting distance; fees can be adjusted; ages 2-12; seriously emotionally disturbed children, including autistic; residential and day care; individual, group, and family counseling and education.
Prince Georges County Community Mental Health Centers Prince Georges Health Department Hospital Road Cheverly 20785 301, 773-1400, x324	8:30 a.m. - 4:30 p.m. Prince Georges County residents; sliding scale; all outpatient services of a community mental health center. See Below:
Laurel Community Mental Health Center 217 Main Street Laurel 20810 301, 498-7500	
Southern Health District 5620 St. Barnabas Road Oxon Hill 20021 301, 894-5900	
Hamilton Children's Center 4412 Hamilton Street Hyattsville 20781 301, 779-0993	sliding scale; diagnosis and treatment for children, ages 6-10, with severe emotional problems.
Transitional Group Homes Program Family Service of Prince Georges County 5010 Sunnyside Drive, Suite 106 Beltsville 20705 301, 345-8822	9 a.m. - 5 p.m. Prince Georges County residents; sliding scale, ages 8 and up returning to the community from institutions, such as mental hospitals, training schools, detention centers, etc., or from dysfunctional family conditions; six-month placement in a group home, counseling, employment counseling, continuing education and vocational training, group recreational activities and continuous follow-up.
Family Service Mental Health Center for Model Cities Seat Pleasant Community Center 601 Addison Road Seat Pleasant 20027 301, 925-9600	9 a.m. - 5 p.m., evenings by appointment. Model Area; counseling and referral.

Bowie Hot Line Post Office Box 535 Bowie 20715 301, 262-AIDE	4 - 12 midnight No residence restriction; crisis intervention center manned by teenagers, listening and referral services.
Prince Georges County Hot Line, Inc. 301, 864-7271	24-hour service Prince Georges County residents; information and referral, crisis intervention and listening services.

VIRGINIA

State Mental Health Authority:
Dr. William S. Allerton, Commissioner
State Department of Mental Health and Mental Retardation
Post Office Box 1797, 109 Governor Street
Richmond 23214
804, 770-3921

National Association for Mental Health, Inc.
1800 North Kent Street
Arlington 22209
703, 528-6405

9 a.m. - 5 p.m.
No residence restriction; information and referral, public education.

Virginia Association for Mental Health
1806 Chantilly Street, Suite 203
Richmond 23230
804, 353-2791

Northern Virginia Mental Health Association
3260 Wilson Boulevard, Suite 23
Arlington 22201
703, 524-3352

9 a.m. - 5 p.m.
Arlington, Fairfax, Loudoun, and Prince William Counties, cities of Fairfax and Falls Church; community education, speakers bureau, social club for ex-patients, telephone reassurance program for the elderly.

Alexandria Mental Health Association
Doniphan Building, Suite 305
101 North Columbus Street
Alexandria 22314
703, 548-0010

9 a.m. - 5 p.m.
Alexandria residents; information and referral, community education, speakers bureau.

ADULTS

Fairfax Hospital
3300 Gallows Road
Falls Church 22046
703, 698-3591

No residence restriction; fees; all ages; inpatient service; admission by private psychiatrist only.

Nova Community Service Clinic, Inc. 6869 Elm Street McLean 22101 703, 356-6667	24-hour service call for appointment between 10 a.m. and 2 p.m. No residence restriction; sliding scale; no age limit; individual, group, and family therapy, marital and parental counseling, full range evalu- ation and treatment, short term crisis intervention.
Institute of Marriage & Family Relations 6116 Rolling Road Springfield 22152 703, 569-2400	8 a.m. - 9:30 p.m. No residence restriction; sliding scale; individual, group, and family therapy, psychological evaluation, communication improvement, family education.
The Alexandria Hospital, Inc. 4320 Seminary Road Alexandria 22314 703, 370-9000	Northern Virginia and metropoli- tan Washington; fees; all ages; inpatient, outpatient, and emergency services; admission by private psychiatrist only.
Northern Virginia Mental Health Institute 3302 Gallows Road Falls Church 22042 703, 560-7700	Arlington, Fairfax, Loudoun, and Prince William Counties, and cities of Alexandria and Falls Church; sliding scale; ages 14 and over; residential open-door hospital and day care program.
Western State Hospital State Department of Mental Health and Mental Retardation 301 Greenville Avenue Staunton 24401 703, 886-2345	Northern Virginia residents; sliding scale; ages 16 and up; inpatient services.
Northern Virginia Psychological Center 6869 Elm Street McLean 22101 703, 356-3111	Open by appointment Greater Washington area; fees; no age limit; private center offers psychotherapeutic and consultative services.
Alexandria Community Mental Health Center City of Alexandria 206 North Washington Street Alexandria 22314 703, 836-5751	8:45 a.m. - 9 p.m., Mon. - Thurs. 8:45 a.m. - 5 p.m., Fri. Alexandria residents; sliding scale; all outpatient services.

Arlington County Information and Referral Bureau Arlington County Department of Human Resources 1800 North Edison Street Arlington 22207 703, 558-2105	24-hour telephone service Arlington County residents.
Arlington County Mental Health Center Arlington County Department of Human Resources 1725 North George Mason Drive Arlington 22205 703, 558-2815	8 a.m. - 5 p.m., evening and Sat. hours by appointment only. Arlington County residents; sliding scale; all outpatient services, day treatment center.
The Woodburn Center for Community Mental Health 3340 Woodbrun Road Annandale 22003 703, 573-0523, after hours, 573-5679	24-hour service 8:45 a.m. - 10 p.m., Mon. - Thurs. 8:45 a.m. - 5 p.m., Fri. Fairfax-Falls Church residents; sliding scale; all outpatient services, including emergency for North of Braddock Road area, partial hospitalization, and after care.
Mount Vernon Center for Community Mental Health 8119 Holland Road Alexandria 22306 703, 360-6910	8:30 a.m. - 5 p.m., Mon., Weds. & Fri. 8:30 a.m. - 9 p.m., Tues. & Thurs. Fairfax residents south of Braddock Road; sliding scale; all outpatient services.
Prince William County Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 9590 Surveyor Court Manassas 22110 703, 361-3101	9 a.m. - 5 p.m., evening by appointment only Prince William County residents; sliding scale; all outpatient services.
Loudoun County Mental Health Center Virginia Department of Mental Health and Mental Retardation 65A Gibson Street Leesburg 22075 703, 777-2291	9 a.m. - 5 p.m. Loudoun County residents; sliding scale; all ages; individual, group, and family therapy, marriage counseling, psychological testing.

FISH(For Immediate Sympathetic Help) 703, 522-8600	24-hour service Offers many emergency services, including child care, transportation, housework for the sick; sponsored by Northern Virginia churches.
Northern Virginia Hot Line 703, 527-4077	24-hour service Telephone counseling and referral service.
Alexandria Hot Line 703, 548-3810	24-hour service Counseling and referral by volunteers with professional training.
Headway Community Counseling Center 703, OX 2-2100	24-hour service Military District of Washington; emergency consultation.

CHILDREN

Fairfax Hospital 3300 Gallows Road Falls Church 22046 703, 698-3411	No residence restriction; fees; ages 14 and over; inpatient service; admission by private psychiatrist only.
National Children's Rehabilitation Center Box 1260 Leesburg 22075 703, 777-3485	No residence restriction; fees with scholarships available; ages 7 - 16; residential treatment for emotionally disturbed children including those who have epilepsy.
Edgemeade of Virginia Box 130 Rocky Mount 24151 703, 721-2341	No residence restriction; fees; emotionally disturbed children, ages 13-18; residential psychiatric treatment center.
Leary School, Inc. 2849 Meadow View Road Falls Church 22042 703, 573-5400	No residence restriction; fees; private day school for boys and girls, ages 3 - 14, of normal intelligence with emotional problems or learning disabilities; 11-month program available.

Leary Educational Foundation
2849 Meadow View Road
Falls Church 22042
703, 573-5400

No residence restriction; non-profit organization which sponsors two facilities for boys: 1. Leary Educational Center, residential facility, boys 12-18, whose learning and/or emotional difficulties make it best for them to live away from home; 11 months. 2. Leary Educational Development Center, day facility, boys, 12-18, with learning disabilities and/or emotional problems.

Accotink Academy
8519 Tuttle Road
Springfield 22152
Westwood Baptist Church
8200 Keene Mill Road
Springfield 22152
703, 451-8041

No residence restriction; fees; school for specific learning disabilities (reading, writing, and mathematical problems), aphasic, speech and language difficulties, hyperactive children, grades 1-9; accepts children of average or above intelligence with neurological problems.

Nova Community Service Clinic, Inc.
6869 Elm Street
McLean 22101
703, 356-6667

Open by appointment.
No residence restriction; sliding scale; no age limit; individual, group, and family therapy; marital and parental counseling, full range of evaluation and treatment, short term crisis intervention.

The Council for Exceptional Children
Information Center
1920 Association Drive
Reston 22091
703, 620-3660

8 a.m. - 4:30 p.m.
No residence restriction; an educational resources information center.

School for Contemporary Education
Fairlington Methodist Church
3800 King Street
First Baptist Church
2932 King Street
Church of God
2912 King Street
Alexandria 22302
703, 548-2812

Metropolitan area; fees; private day school for children of preschool and school age, autistic, emotionally disturbed, brain damaged, specific learning difficulties, controlled epilepsy; day school offers evaluation and diagnosis, treatment, and education. Contemporary workshop in Vienna offers prevocational and vocational training.

Virginia Treatment Center for Children Virginia Department of Mental Health and Mental Retardation Post Office Box 1 L Richmond 23201 840, 770-3129	Virginia residents; sliding scale; emotionally disturbed children, ages 6-15; residential short term treatment.
The Alexandria Hospital, Inc. 4320 Seminary Road Alexandria 22134 703, 931-2000	Northern Virginia and Metropolitan Washington; fees; all ages; inpatient, outpatient, and emergency services.
Northern Virginia Psychological Center 6869 Elm Street McLean 22101 703, 356-3111	Open by appointment Greater Washington area; fees; no age limit; private center offers psychotherapeutic and consultative services.
Northern Virginia Mental Health Institute 3302 Gallows Road Falls Church 22042 703, 560-7700	Arlington, Fairfax, Loudoun, and Prince William Counties, and cities of Alexandria and Falls Church; sliding scale; ages 14 and over; residential open-door hospital and day care program.
Western State Hospital Virginia Department of Mental Health and Mental Retardation 301 Greenville Avenue Staunton 24401 703, 886-2345	Northern Virginia; sliding scale; ages 16 and up; inpatient services.
Fairfax House 3300 Woodburn Road Annandale 22003 703, 560-6116	Voluntary referral by courts, County mental health center, private physician, parent or school; boys, ages 13-17; residential short term, family-centered treatment for emotionally disturbed.
Alexandria Community Mental Health Center City of Alexandria 206 North Washington Street Alexandria 22314 703, 836-5751	8:45 a.m. - 9 p.m., Mon. - Thurs. 8:45 a.m. - 5 p.m., Fri. Alexandria residents; sliding scale; all outpatient services.

Arlington County Information and Referral Bureau Arlington County Department of Human Resources 1800 North Edison Street Arlington 22207 703, 558-2105	8 a.m. - 5 p.m. Arlington County residents.
Arlington County Mental Health Center Arlington County Department of Human Resources 1725 North George Mason Drive Arlington 22205 703, 558-2815	8 a.m. - 5 p.m., evening and Saturday hours by appointment Arlington County residents; sliding scale; all outpatient services and day treatment center.
The Woodburn Center for Community Mental Health 3340 Woodburn Road Annandale 22003 703, 573-0523, after hours 573-5679	24-hour service 8:45 a.m. - 10 p.m., Mon. - Thurs. 8:45 a.m. - 5 p.m., Fri. Fairfax-Falls .rch residents; sliding scale; all outpatient services, including emergency service for North of Braddock Road area, partial hospitalization and aftercare service.
Mount Vernon Center for Community Mental Health 8119 Holland Road Alexandria 22306 703, 360-6910	8:30 a.m. - 5 p.m., Mon., Weds., & Fri. 8:30 a.m. - 9 p.m., Tues. & Thurs. Fairfax residents south of Braddock Road; sliding scale; all outpatient services.
Prince William County Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 9590 Surveyor Court Manassas 22110 703, 361-3101	9 a.m. - 5 p.m., evening by appointment only. Prince William County residents; sliding scale; all outpatient services.
Loudoun County Mental Health Center 65 A Gibson Street Leesburg 22075 703, 777-2291	9 a.m. - 5 p.m., 9 p.m., Tues. Loudoun County residents; sliding scale; all ages; individual, group, and family therapy; psychological testing, marriage counseling.

Daytime Development Center The Joseph Willard Health Center 3750 Old Lee Highway Fairfax 22030 703, 691-2751	Fairfax County residents; no fee; pre-school program for mentally and physically handicapped; diagnostic services, special education and language stimulation courses.
Alexandria Hot Line 703, 548-3810	24-hour service Counseling and referral by volunteers with professional training.
Northern Virginia Hot Line 703, 527-4077	24-hour service Telephone counseling and referral service.

AFTERCARE
GREATER WASHINGTON METROPOLITAN AREA

Uptown House 2957 Upton Street, N.W. Washington 20008 202, 362-3452	No residence restriction; fees; residential home for ex-mental patients under professional care.
Woodley House 2711 Connecticut Avenue, N.W. Washington 20008 202, 265-1773	No residence restriction; sliding scale; residential halfway house.
Kalorama House The Richmond Fellowship of America 1831 Kalorama Road, N.W. Washington 20009 202, 387-6394	No residence restriction; sliding scale; transitional care and rehabilitation of the emotionally disturbed; residential halfway house.
Raphael House 1305 Fern Street, N.W. Washington 20012 202, 726-0316	No residence restriction; sliding scale; residential care for ex-mental patients.
Anchor House 1212 Monroe Street, N.E. Washington 20017 202, 832-5555	No residence restriction; sliding scale; residential halfway house for former mental patients; therapeutic community for men and women.
Mrs. Gloyd's Halfway House No. 1 Lawrence Court Rockville 20850 301, 762-3419	No residence restriction; fees; residential, must be under regular professional care.
Rehabilitation Research and Training Center The George Washington University Medical Center, Room 2362 N 901-23rd Street, N.W. Washington 20037 202, 331-6801	8:30 a.m. - 4:30 p.m. No residence restriction; fees; any patient who requires special services to return to work, including work supervision, homemaking, or to become independent of the assistance of others in meeting daily needs; comprehensive multidisciplinary evaluative and rehabilitative services to patients referred by State and voluntary agencies and physicians.

Recovery, Inc.
Washington, D.C.; Maryland; Virginia
Nancy Downes
5905 Windham Road
Laurel 20810
301, 459-6688 or 776-6810

Men's Social Center
Salvation Army
526 First Street, N.W.
Washington 20001
202, 347-8023

7 a.m. - 10 p.m.
No residence restriction; no fees but participant is asked to take part in work program of the center; rehabilitation for homeless, unattached men.

Vocational Adjustment Clinic
1717 Rhode Island Avenue, N.W.
Washington 20036
202, 347-1295

No residence restriction; fees; sheltered workshop of the Anchor Mental Health Association that returns emotionally ill adults and adolescents to a position of independence in the community.

Anchor Mental Health Association
Social-Recreational Center
1018 Monroe Street, N.E.
Washington 20017
202, 832-5751

8 - 11 p.m., Weds., 2 - 11 p.m., Sat., 2 - 7 p.m., Sun.
No residence restriction; mental hospital patients with ex-mental patients.

D.C. Bureau of Rehabilitation Services
122 C Street, N.W.
Washington 20001
202, 629-4255

8:15 a.m. - 4:45 p.m.
D.C. residents; no fee; ages 16 and over; supplemental maintenance; training, job placement, follow-up, counseling and guidance.

Saint Elizabeths Hospital
William A. White Service
Martin Luther King, Jr. Avenue, S.E.
Washington 20032
202, 574-7350

D.C. residents; social service department offers home visits and follow-up for former patients.

Open Door-Mizell Cottage
10217 Frederick Avenue
Kensington 20795
301, 949-1255

Montgomery County residents; no fee; a social and recreational center for former mental patients co-sponsored by the Mental Health Association of Montgomery County and the Recreation Department.

Montgomery County Vocational Rehabilitation Division Maryland State Department of Education Main Office (ages 21 and up) 255 North Washington Street, Room 405 Rockville 20850 301, 424-2440 Education Unit (ages 15-21) Martins Lane Rockville 20850 301, 424-2750	8:30 a.m. - 4:15 p.m. Montgomery County residents; no fee; mentally or emotionally disturbed but potentially employable; diagnosis, counseling, and guidance, vocational training, maintenance, transportation, and placement in employment.
Prince Georges County Vocational Rehabilitation Division Maryland State Department of Education Main Office (ages 21 and up) 5809 Annapolis Road, Room 306 Bladensburg 20710 301, 864-5678 Education Unit (ages 15-21) 3820-40th Avenue Brentwood 20722 301, 927-8966	8:30 a.m. - 4:15 p.m. Prince Georges County residents; no fee; former patients and families of patients, mentally and physically handicapped.
Comprehensive Aftercare Unit Family Service of Prince Georges County, Inc. 4410 Stamp Road Marlow Heights 20031 301, 423-4800	9 a.m. - 9 p.m., evening hours by appointment. Prince Georges County residents; day center, social clubs and events, interest groups, such as crafts, music, drama, and news writings; individual and group therapy.
Adult Psychiatric Day Treatment Center 3900-48th Street Bladensburg 20710 301, 864-5420	8:30 a.m. - 4:30 p.m., Mon., Weds. & Fri., 8:30 a.m. - 9:30 p.m., Tues. & Thurs. Prince Georges County residents; sliding scale; follow-up care for hospitalized patients.
Outpatient Clinic Spring Grove State Hospital Wade Avenue & Frederick Road Catonsville 21228 301, 455-6000	Prince Georges County residents.

Virginia Department of Vocational Rehabilitation
901 North Washington Street
Alexandria 22314
703, 549-2730
The Heritage Building, Suite 340
7617 Little River Turnpike
Annandale 22003
703, 750-1300
2300 South Ninth Street
Arlington 22207
703, 558-2127

8:15 a.m. - 5 p.m.
Northern Virginia residents; no fee; under conditions established by laws governing Federal and State rehabilitation program; guidance and planning, training, job placement, and rehabilitation.

The Social Center
7401 Leesburg Pike
Falls Church 22043
703, 573-0448
Mount Vernon Social Center
3021 Popkins Lane
Alexandria 22306
703, 768-9034
Springfield Social Center
7047 Old Keene Mill Road
Springfield 22150
703, 451-7536

10 a.m. - 3 p.m.
8 - 10 p.m., Thurs.
Northern Virginia residents; non-profit agency serves people with emotional problems; social activities for former mental patients.

The Woodburn Center for Community Mental Health
3340 Woodburn Road
Annandale 22003
703, 573-0523

8:45 a.m. - 10 p.m., Mon. - Thurs.
8:45 a.m. - 5 p.m., Fri.
Fairfax-Falls Church residents; sliding scale; aftercare services.

Northern Virginia Mental Health Association
3260 Wilson Boulevard, Suite 23
Arlington 22201
703, 524-3352

9 a.m. - 5 p.m.
Arlington, Fairfax, Loudoun, Prince William Counties, cities of Fairfax and Falls Church; no fee; social center for returned mental patients.

Medicare Claims
Greater Washington Metropolitan Area
202, 484-1650

State Alcoholic Authorities:

Detoxification Center
Department of Human Resources
619 N Street, N.W.
Washington 20001
202, 629-4068

Division of Alcoholism Control
State Department of Mental Hygiene
201 West Preston Street
Baltimore 21201
301, 383-2784

Bureau of Alcohol Studies and Rehabilitation
Virginia State Department of Health
James Madison Building
109 Governor Street
Richmond 23219
804, 770-3083

Alcohol and Drug Problems Association
1101-15th Street, N.W.
Washington 20005
202, 452-0990

Alcoholics Anonymous Intergroup Headquarters
4530 Connecticut Avenue, N.W.
Apartment 107
Washington 20008
202, 244-2274
Northern Virginia Intergroup Headquarters
3179 Wilson Boulevard
Arlington 22201
703, 524-7742

10 a.m. - 10 p.m. (seven days a week)
No residence restriction; no fee; information and referral.

Washington Area Council on Alcoholism and Drug Abuse
1330 New Hampshire Avenue, N.W., Suite # 1
Washington 20036
202, 466-2323

9 a.m. - 5 p.m.
No residence restriction; no fee; education, information, and referral.

Andromeda 1756 Columbia Road, N.W. Washington 20009 202, 667-6766	9 a.m. - 7 p.m. No residence restriction; no fee; mental health services for Spanish-speaking population and other minorities; also drug and alcoholism counseling.
Salvation Army Harbor Light Corps 909 Eye Street, N.W. Washington 20001 202, 638-4532	5:30 a.m. - 10:30 p.m. No residence restriction; no initial fee; charge for room and board when employed; spiritual program, food and shelter, alcoholic therapy.
The Volunteers of America National Capitol Area 525 Rhode Island Avenue, N.E. Washington 20002 202, LA 9-1961	8 a.m. - 4 p.m. 8 a.m. - 12 noon, Sat. No residence restriction; no fee; men live at home and work in the salvage and rehabilitation program at headquarters; religious services, counseling, room, board, clothes, and general care.
Halfway House for Male Alcoholics 1401 Ingraham Street, N.W. Washington 20011 202, RA 3-7765	
Melwood Farm Post Office Box 182 Olney 20832 301, 924-5000	No residence restriction; fees; inpatient facility with minimum four-week stay; rehabilitation for alcoholics under medical direction.
D.C. Mental Health Administration Rehabilitation Center for Alcoholics Occoquon 22125 703, 690-1544	Alcoholics from the District of of Columbia.
Area B Community Mental Health Center Alcoholism Center 1808 Adams Mill Road, N.W. Washington 20009 202, 629-4762	8:15 a.m. - 4:45 p.m. D.C. residents; outpatient clinic, day treatment program, and two halfway houses.

Area D Community Mental Health Center Saint Elizabeth's Hospital 2700 Martin Luther King, Jr. Avenue, S.E. Washington 20032 202, 574-7595	8:15 a.m. - 4:45 p.m. Area D (S.E. and S.W.) residents; sliding scale; patients with problems with alcohol are treated on the general inpatient wards and as outpatients by the teams. Also, refer to specialized Alcoholism Units (located in same building) where longer term treatment, Alcoholics Anonymous, and other individualized treatments are available.
Division of Alcoholism and Drug Abuse Psychiatric Institute University of Maryland 721 West Redwood Street Baltimore 21201 301, 528-6570	Maryland residents; fees; counseling, group therapy for alcoholics, detoxification, two quarterway houses, male and female; aftercare and follow-up service.
Silver Spring Day Treatment Center 8808 Cameron Street Silver Spring 20910 301, 565-0501	8 a.m. - 8:30 p.m. No residence restriction; fees with financial arrangement if necessary; ambulatory alcoholism program in evenings.
Alcohol Information Center for County Montgomery County Health Department 12701 Twinbrook Parkway 611 Rockville Pike Rockville 20852 301, 279-1631; after hours, 588-5448	24-hour service Montgomery County residents; sliding scale; medication, diagnosis, and treatment at 3 clinics and 3 halfway residential care centers for men; one quarterway house and Twinbrook House and Adams House for women.
The Alpha Club 8510 Colesville Road Silver Spring 20910 301, 587-9699 8915 Colesville Road Silver Spring 20910 301, 589-9619	Montgomery County residents; sliding scale; residences for male alcoholics; job therapy, individual and group counseling.

Prince Georges County Alcoholism Center Prince Georges County Health Department 9015 Rhode Island Avenue College Park 20740 301, 345-2000	8:30 a.m. - 10 p.m., Mon. - Thurs. Prince Georges County residents; sliding scale; individual and group therapy, information and referral, outpatient clinic information.
Alcoholic Rehabilitation Unit Spring Grove State Hospital Wade Avenue and Frederick Road Catonsville 21288 301, 455-6000	Prince Georges County residents; alcoholic adults.
Division of Alcoholism Services Bureau of Alcohol Study and Rehabilitation 3545 Chain Bridge Road Fairfax 22030 703, 591-5240	9 a.m. - 5 p.m., some evening sessions. Fairfax, Loudoun, and Prince William Counties; initial visit free, then $5 a visit; all outpatient services including counseling children of alcoholics.
Arlington Community Alcohol Center 2100 North 14th Street Arlington 22201 703, 528-0884	24-hour answering service Arlington County residents; sliding scale; alcohol, education for individuals and community, individual and group counseling, family counseling and psychiatric consultation.
Division of Alcoholism Services Alexandria Health Department 515 Wythe Street Alexandria 22314 703, 683-6677	8:30 - 5 p.m. 5:30 - 7 p.m., Mon.; 5:30 - 9 p.m., Tues.; 7:30 - 9 p.m., Weds.; 5:30 - 9 p.m., Thurs.; 5:30 - 7 p.m., Fri. Alexandria residents; $5 for first visit and then no fee for group therapy.
Alexandria Center for Alcoholism 101 North Columbus Street, Suite 209 Alexandria 22314 703, 683-1906	9 a.m. - 5 p.m. 9 p.m., Tues. & Weds. Alexandria residents; no fee; counseling and referral, information and education.

MISCELLANEOUS SERVICES
GREATER WASHINGTON METROPOLITAN AREA

Aging:

Barney Senior Citizens Center 1737 Columbia Road, N.W. Washington 20009 202, 483-1285	Recreation program.
Senior Citizen Program D.C. Department of Public Recreation 3149-16th Street, N.W. Washington 20010 202, 629-7338	Social and recreation program.
Lutheran Social Services of the National Capitol Area, Inc. 2635-16th Street, N.W. Washington 20009 202, 232-6373	9 a.m. - 5 p.m. No residence restriction; involvement of retired persons, service, volunteer work, workshops, retirement counseling, and geriatric day care center.
Family and Child Service of Washington 929 L Street, N.W. Washington 20001 202, 232-6510	Metropolitan area; protective services for the aged.
Multipurpose Senior Center 25 K Street, N.E. Washington 20002 202, 737-1286	8:30 a.m. - 5 p.m.
Columbia Senior Center 3500-14th Street, N.W. Washington 20010 202, 483-1480	8:30 a.m. - 5 p.m.
PEP(Program for Elderly People) 1806 Adams Mill Road, N.W. Washington 20009 202, 265-4900	10 a.m. - 5 p.m. 6:30 - 8:30 p.m., Tues. & Thurs. 10 a.m. - 2 p.m., Sat. No residence restriction; no fee; information and referral on social security, Medicare, Medicaid, transportation, nutrition, health, housing, and consumer problems.

National Council of Senior Citizens
1511 K Street, N.W., Room 202
Washington 20005
202, 783-6850

9 a.m. - 5 p.m.
No residence restriction;
membership fee; advocacy group, offers non-profit health and life insurance, public service employment, legal research service for the elderly, and nursing home information center.

Goodwin House
4800 Fillmore Avenue
Alexandria 22311
703, 578-1000

A 249-unit highrise apartment building for older persons sponsored by the Episcopal Church. No residence, racial, religious, or church affiliation restrictions;
any person or married couple ambulatory and in good health, over 65 years of age, is eligible. Meals, weekly maid service, linens, utilities, recreation facilities, and nursing care, in exchange for a Founder's Gift and a monthly maintenance fee. Fellowships are available for communicants of the Episcopal Diocese of Virginia.

Friends House
17340 Quaker Lane
Sandy Spring 20860
301, 924-5100

No residence restriction;
fees; open to all without regard to race or creed; a residential community for persons 62 years of age or older; residents must be able to care for own needs and are required to eat dinner in the central dining room.

Day Nursing Care Service
Uptown Community Center
3700 Nebraska Avenue, N.W.
Washington 20016
202, 363-9644

8:30 a.m. - 5 p.m.
No residence restriction;
fees; non-sectarian service for adults who require nursing care service on a less than 24-hour basis. Mentally retarded adults are eligible.

United Way Retired Senior Volunteer Program
(RSVP)
95 M Street, S.W.
Washington 20024
202, 488-2138
Montgomery County Commission on Aging
24 South Perry Street
Rockville 20850
301, 279-1487
Prince Georges County Division of Services
and Program for the Aging
9171 Central Avenue
Capitol Heights 20027
301, 350-1771
Alive, Inc.
4345 Duke Street
Alexandria 22304
703, 370-4345

Homemaker Service of National Capitol Area
1825 Connecticut Avenue, N.W., Suite 100
Washington 20009
202, 387-6500

8:30 a.m. - 5 p.m.
Metropolitan area;
sliding scale; trains and
places homemakers in homes
of the aged to help them
get on their feet.

Office of Services to the Aged
D.C. Department of Human Resources
1329 E Street, N.W., 10th Floor
Washington 20004
202, 638-2674

8:15 a.m. - 4:45 p.m.
D.C. residents; administers
D.C. Older Americans Act
Program.

Employment Security
D.C. Manpower Administration and
Unemployment Compensation
500 C Street, N.W.
Washington 20001
202, 393-6151

8:30 a.m. - 4:30 p.m.
D.C. residents; no fee; senior
citizens community service
program; furnishes 20 hours a
week to the over 55.

Over-60 Counseling and Employment Service
Montgomery County Federation of Women's
Clubs
4700 Norwood Drive
Chevy Chase 20015
301, 652-8073
8113 Fenton Street
Silver Spring 20910
301, 588-5452

9 a.m. - 3 p.m.
Over-52 citizens from Maryland
and D.C.; no fee.

Meals on Wheels of the Greater Washington
Area
7410 New Hampshire Avenue
Takoma Park 20012
301, 434-1922

9 a.m. - 1 p.m.
Call to arrange interview;
well balanced meals for the
elderly or disabled at cost fee.

Northern Virginia Mental Health Association
3260 Wilson Boulevard, Suite 23
Arlington 22201
703, 524-3352

9 a.m. - 5 p.m.
Arlington, Fairfax, Loudoun Counties and cities of Fairfax and Falls Church; offers telephone reassurance program for the elderly.

Senior Adults Employment and Counseling
Personnel Department, Arlington County
2100-14th Street, North
Arlington 22201
703, 558-2589

9:30 a.m. - 3:30 p.m.
Arlington County residents; (some exceptions made for McLean and Vienna residents who can provide own transportation.)

Senior Citizens Employment Service
121 North Saint Asaph Street
Alexandria 22314
703, 836-4414

9 a.m. - 4 p.m.
Alexandria residents and part of Fairfax County; information and referral, discount program for over-60, employment counseling.

Ambulance Services:

District of Columbia
202, 462-3322 or 911

Alexandria
703, 549-5100

Montgomery County
301, 424-3111

Arlington
703, 527-8900

Prince Georges
301, 864-1122 or 911

Fairfax
703, 691-2233

Autistic Children:

American Foundation for Autistic Children
4510 Cumberland Avenue
Chevy Chase 20015
301, 656-9213

No residence restriction; therapeutic training of autistic children of all ages; counseling and training for parents; training for professionals and lay personnel to work with autistic child; research and information.

National Society for Autistic Children
8169 Tampa Avenue
Albany, New York 12208
518, 489-7375, local: 593-3361

Autistic Children (cont.)

Maryland Chapter
14319 Brarwood Terrace
Rockville 20850
301, 460-4745
Montgomery County Chapter
1009 Crest Park Drive
Silver Spring 20903
301, 593-6956
Prince Georges County Chapter
2808 Federal Lane
Bowie 20715
301, 262-9197

Family Services:

Family and Child Service of Washington
929 L Street, N.W.
Washington 20001
202, 232-6510

8:30 a.m. - 5 p.m., evenings by appointment
Metropolitan area; sliding scale; information and referral, family and individual counseling, placement of children, family day care, camping, adoption services, and some financial aid.

Family Service of Montgomery County
350 Hungerford Drive
Rockville 20850
301, 762-0300

9 a.m. - 9 p.m., Mon. - Thurs.
9 a.m. - 5 p.m., Fri.
Montgomery County residents; sliding scale; casework, individual, family, and group counseling, family life education.

Family Service of Prince Georges County
4318 Hamilton Street
Hyattsville 20781
301, 277-1610
4410 Stamp Road
Marlow Heights 20031
301, 423-1600
601 Addison Road
Seat Pleasant 20027
301, 925-8610
5010 Sunnyside Drive, Eastern Building
Beltsville 20705
301, 345-9100

9 a.m. - 9 p.m., Mon. - Thurs.
9 a.m. - 5 p.m., Fri. & Sat.
Prince Georges County residents; sliding scale; individual, group, and family therapy, marriage and child-parent counseling, drug counseling.

Family Services (cont.)

Northern Virginia Family Service 803 West Broad Street Falls Church 22046 703, 533-9727 206 North Washington Street Alexandria 22314 703, 549-3614	9 a.m. - 5 p.m., Tues., Thurs., & Fri. 9 a.m. - 9 p.m., Mon. & Weds. Northern Virginia residents; casework, individual and family counseling.
Institute of Marriage & Family Relations 6116 Rolling Road Springfield 22152 703, 569-2400	8 a.m. - 9:30 p.m. No residence restriction; sliding scale; individual, group, and family therapy, psychological evaluation, communication improvement, family education.
The Formerly Married Society, Inc. 2021 K Street, N.W., Suite 305 Washington 20006 202, 833-3636	Answering service; will mail information on request.
Parents Without Partners, Inc. 7910 Woodmont Avenue Bethesda 20014 301, 638-1320	Answering service; will mail information on request.
Planned Parenthood, Inc. 1109 M Street, N.W. Washington 20005 202, 387-8787 Montgomery County Office 11141 Georgia Avenue Wheaton 20902 301, 933-2300 Prince Georges County Office East Tower Building, Suite 203 Landover Mall Landover 20785 301, 773-5601 Northern Virginia Office 5555 Columbia Pike Arlington 22204 703, 820-3335	Sliding scale; call for an appointment; contraceptive service; infertility advice, abortion counseling. For pregnancy testing and counseling call 462-1358.

Florence Crittenton Home
4759 Reservoir Road, N.W.
Washington 20007
202, 333-3600

No residence restriction; sliding scale; residential home and hospital for unwed mothers, also treatment center for girls with adjustment problems, ages 13-19.

Health Departments:

District of Columbia
202, 629-3776

Montgomery County
301, 279-1636

Prince Georges County
301, 773-1400

City of Alexandria
703, 750-6250

City of Falls Church
703, 534-8343

Arlington County
703, 558-2891

Fairfax County
703, 691-2651

Legal Aid:

Legal Aid Society of D.C.
666-11th Street, N.W., Suite 300
Washington 20001
202, 628-1161

10 a.m. - 3 p.m., Mon. - Thurs. Registration charge; legal service; consultation to persons unable to afford service of a private attorney in civil cases.

Neighborhood Legal Service Program
635 F Street, N.W., 8th Floor
Washington 20004
202, 628-9161

9 a.m. - 5:30 p.m.
D.C. residents; sliding scale; aid in civil cases.

Lawyer Referral Service of the Bar Association of D.C.
1819 H Street, Suite 300
Washington 20006
202, 223-1484

10 a.m. - 12 noon, 2 - 4 p.m.
Sets up appointment with attorney, individual arrangement for additional service.

Montgomery County Community Action Committee
14 Maryland Avenue
Rockville 20850
301, 279-1245

8:30 a.m. - 5 p.m.
Montgomery County residents; no fee if eligible; legal service information and referral, transportation.

Lawyer Referral Service of the Montgomery County Bar Association 27 West Jefferson Street Rockville 20850 301, 762-5242	9 a.m. - 12 noon, 1 - 3 p.m. Fees; referral service.
Juvenile Aid Section Montgomery County Police Department 2300 Randolph Road Wheaton 20902 301, 946-7900	24-hour service Children in trouble with the law.
Legal Aid Bureau of Prince Georges County 5012 Rhode Island Avenue, Room 3 Hyattsville 20781 301, 277-1180 2722 Sansbury Road Upper Marlboro 20870 301, 336-8181 13108-11th Street Bowie 20715 301, 262-5548	9 a.m. - 3 p.m. Prince Georges County residents; $1 registration fee, interview for eligibility. If eligible, appointment is made with an attorney.
Alexandria Legal Aid Society 815 King Street, Suite 611 Alexandria 22314 703, 750-6438	9 a.m. - 4 p.m. Alexandria residents; small fee for those who qualify.
Arlington County Lawyer Referral Service Arlington County Bar Association 1400 North Court House Road, Room 501 Arlington 22201 703, 558-2244	8 a.m. - 5 p.m. Arlington County residents; $15 for initial consultation for those who qualify under lawyer referral.
Arlington Legal Aid Society 2009 North 14th Street, Room 507 Arlington 22201 703, 841-0304	9 a.m. - 5 p.m. Arlington County residents; no fee for those who qualify for legal aid with the exception of certain court costs; legal advice for civil cases that generate no fee.
Legal Aid Society of Fairfax County 4029 Chain Bridge Road Fairfax 22030 703, 273-4010	9 a.m. - 5 p.m. Fairfax County, cities of Fairfax and Falls Church; limited income families who need legal aid in civil cases.
Fairfax County Lawyer Referral Service Fairfax Bar Association 4000 Chain Bridge Road, Room 112 Fairfax 22030 703, 273-5844	8 a.m. - 4:30 p.m. Residents of Fairfax County and cities of Fairfax and Falls Church; call for referral service.

Medical Societies:

Medical Society of the District of Columbia 2007 Eye Street, N.W. Washington 20006 202, 223-2230	8:30 a.m. - 4:40 p.m.
Montgomery County Medical Bureau 8634 Colesville Road Silver Spring 20910 301, 587-8555	24-hour service.
Montgomery County Medical Society 2446 Reedie Drive Wheaton 20902 301, 949-4400	9 a.m. - 5 p.m.
Patient Advocate Referral Service 2446 Reedie Drive Wheaton 20902 301, 949-9497	9 a.m. - 5 p.m. with emergency service. Referrals to physicians, psychiatrists, and other health related services in Montgomery County.
Nursing Services Montgomery County Health Department University National Bank Building 611 Rockville Pike Rockville 20852 301, 279-1636	8:30 a.m. - 5 p.m. Montgomery County residents; sliding scale; provides nursing care and treatment.
Arlington County Medical Society 4615 Lee Highway Arlington 22207 703, 528-0888	8:30 - 12 noon, 1 - 4:30 p.m.
Fairfax County Medical Society, Inc. 200 Little Falls Street Falls Church 22046 703, 532-0500	9 a.m. - 4:30 p.m.

Poison Control:

Poison Control Center 2125-13th Street, N.W. Washington 20009 202, 835-4080	24-hour service Metropolitan area.

Suicide Prevention:

Mental Health Consultation Service Community Mental Health Center Area C 1905 E Street, S.E. Washington 20003 202, 629-5222	24-hour service No residence restriction; no fee; referral and information.

Training:

Metropolitan Mental Health Skills Center The Washington School of Psychiatry 1610 New Hampshire Avenue, N.W. Washington 20009 202, 387-3339	9 a.m. - 6 p.m. No residence restriction; fees with some scholarships available; seminars, workshops, and inservice training for staff and volunteers without professional training in mental health who work in a direct helping relationship to others.

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ANACOSTIA
RIVER
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5 MILES
FORT
STANTON
FORT STANTON PARK
AVAL STATION
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PRINCE GEORGES COUNTY

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U.S. DEPARTMENT OF HEALTH, EDUCATION AND WELFARE
PUBLIC HEALTH SERVICE

ALCOHOL, DRUG ABUSE, AND MENTAL HEALTH ADMINISTRATION